

Joining Instructions for your First Aid Training

Thank You

Firstly, thank you for choosing [Beyond First Aid](#) for your first aid training. Our aim is to provide people with no-nonsense knowledge to be confident first aiders, regardless of where or when an emergency may arise.

Finding Us



Enter RG6 5UZ into your Satnav, or search Google Maps for 'Beyond First Aid, Radstock Lane, Earley, Reading'

Your training will take place in one of the halls inside the school grounds, or in Radstock Community Centre next door. There is ample parking to the front.

Reading Buses

From Reading Station, the 19b travels along Beech Lane with the closest stop being Thanington Way. Walk up Thanington Way then turn right into Northbourne Close. There is a footpath at the end Northbourne Close, turn right at the end of the path and Beyond First Aid is on the left. The 21 stops at Beech Lane, walk up Beech Lane and turn left into Thanington Way. From here follow directions above.

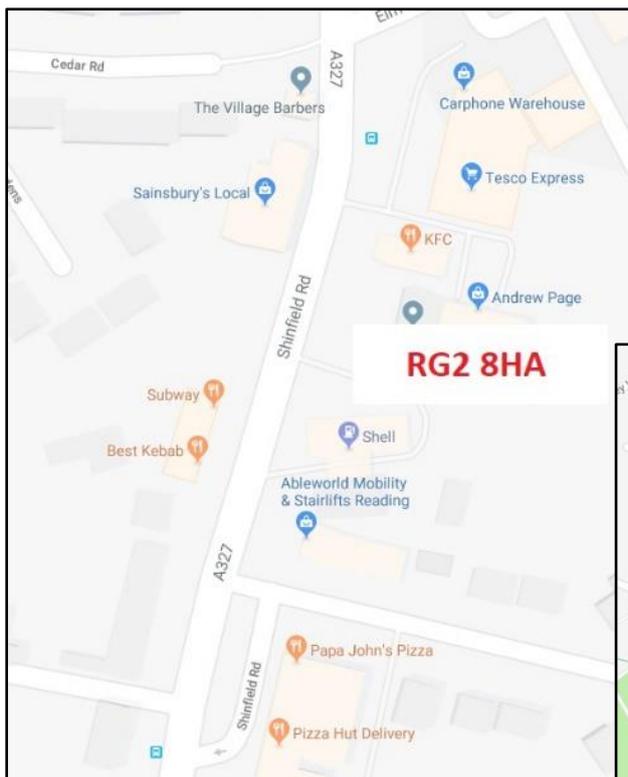
Times

All courses start at 09:00 each day. (Coffee is on from 08:30). There are breaks throughout the day for refreshments, when tea, coffee, biscuits etc. are provided.

The Basic Life Support (BLS) course is only 3 hours long so will finish at 12:00. On all other courses We aim to finish by 16:00 each day, 17:00 on Sports, Activity and Wilderness Workshop courses.

Lunch

You will need to provide your own lunch, as there are no facilities on site, and this is not included in the price. There are shops nearby, but they are driving distance away and too far to walk to and get back in the 30 minutes we have for lunch.



Shops

Enter RG2 8HA into your Satnav and this will take you to Shinfield Road, where you will find a Tesco Express, Sainsbury's Local, KFC, Mr Cod, and a couple of Pizza Places. You can also get your petrol and diesel while you're there.



RG6 5TT will take you to Asda, M&S, and McDonalds. Again, fuel for the car is also available here.

What is Included?

The cost of the course includes all equipment, handouts, and a course manual. Your certificate will be valid for 3 years from the date of issue, usually the last day of course. BLS is only valid for 1 year. If you feel you need to make notes, please bring pen, pencil, paper etc with you, but there really is no need. We would rather you were listening to the instructor, and more importantly, interacting with the instructor.

This is YOUR course, ask questions.

Clothing

All courses include the need to kneel on the floor and/or be rolled into a position where your airway is safe, so sensible, loose fitting, comfortable clothing should be worn. On the Activity course and Wilderness Workshops, we may be outside on some days, so dress for the weather. If you think you'll need them, waterproof jacket and trousers, warm clothing including hat and gloves. In summer, we supply insect repellent and sun cream.

Enjoy your course!

